

Dr. Shuddhananda
Bharati

Worship
Devotional songs

Upasanai



ASSA
Editions

Editor's Notes

The world recognizes and salutes Kavi Yogi Maharishi Dr. Shuddhananda Bharati. He is a noble soul who is continuously engaged in meditation on Godhead and in composing devotional songs. Thanks to the divine grace of Madurai Meenakshi Amman, his association with many spiritually enlightened people and his deep knowledge of multiple languages, he has expounded on the essence of the *Vedas* and the *Agamas* in the form of verses and musical compositions. The second edition of his epic creation *Bharata Shakti* has been published in a detailed version. His musical compositions have been published in several volumes. Kavi Yogi's Yoga Samajam is an abode of peace where he is engaged in solitary meditation. The strength of his penance motivates his pen. We often visit the Yoga Samajam to imbibe the divine spirit pervading the place and obtain mental peace. Divine worship is performed there both in the mornings and evenings. We have compiled a few of the songs sung during the worship in this book as a gift for Sri Lankan friends. This collective worship includes name chanting, chanting of Keerthanas, practice of Sama Yoga, chanting of mantras, universal songs, folk songs and discourses on philosophy. These are rare songs which serve to heighten one's awareness of divinity's presence in the midst of mankind and lead to enhanced quality of life in this world.

Kavi Yogi is conducting this camp for the fifth time in Sri Lanka (June 12 to July 12 1968). His Sri Lankan friends are benefiting a great deal from his discourses on divine grace. These songs have been compiled to enable devotees

to sing between the worship being conducted by Kavi Yogi in the mornings and evenings and his discourses. Devotees accompanying the Swamy during his singing are able to feel the divine current. Religious songs based on Buddhism, Christianity and Islam can be found in the epic *Bharata Shakti*. Songs from the 12 sacred Saiva works in Tamil can be found in *Arulselvam*.

Swamiji is a great self-realised soul, a pure hearted sage who has experienced many religions. He teaches us the way to infuse this life with Shiva's divinity. In the mornings, he performs worship and meditation along with name chanting. In the evening gatherings, he performs Jyoti worship with flowers and gives discourses from his wisdom acquired due to God's grace.

1. To make everyone lead a life infused with God consciousness.
2. To make everyone lead a life full of love with the realization of one world, one God and one spirit.
3. To make everyone of us understand our divine religion.
4. To make us lead happy lives by showing the way to religious amity.
5. To purify mankind by means of meditation, worship, name chanting and prayers.
6. To make our bodies, mind and soul strong and glowing with health.
7. To teach everyone to practice hygiene and sanitation so that diseases are eradicated.

8. To do service for the sake of world peace.
9. To undertake the practice of yoga in a place brimming with natural beauty.
10. To spread knowledge by publishing books with the help of friends. Kavi Yogi Shuddhananda is traveling all over the world and doing noble service to carry out these 10 tasks in a proper way and he is also conducting these camps in Sri Lanka.

Let us all salute the divine sage and accept his teachings whole-heartedly and reap the benefits.

E. Vaidyalingam
Secretary, Yoga Samajam, Sri Lanka

A warm thank you to Savitri for his translation from Tamil to English.

It's a choice of the Editor to keep the words in their Tamil forms, like Kaali (Kali), naadha (nada).

A warm thank you to Phyl Stewart for her help in editing this work.

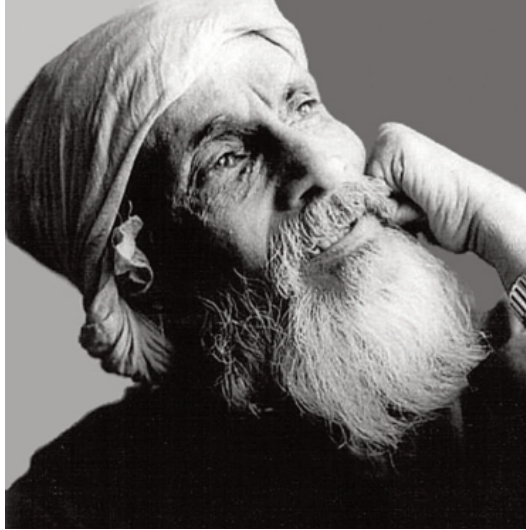
It is a real pleasure for me to present *Worship* to you. Thank you, Dr. Shuddhananda Bharati, for having transmitted *Worship* to us. With the blessing of *Aum Shuddha Shakti Aum*.

Christian Piaget

Author's Notes

Devotional songs which will provide an impetus to all devotees to obtain divine grace and lead a blissfully peaceful life in this world.

Kavi Yogi Maharshi Shuddhananda Bharati



Swami Shuddhananda Bharati

*There is but one God for the whole world
All bodies are but temples of God*

Courage!

*The night is through,
The chain of slavery,
It is already broken -
I am full of courage!*

*Peace in the morning,
A golden sun rises
Like a lion superhuman
To accomplish my dream.*

*A hopeful smile,
Docile as a child
Who plays in the infinite
With a fiery star.*

*My journey is over;
I enjoy time;
The universe is my nest;
Of eternal spring.*

Song of Unity

*Unite. Unite, Unite, Oh Souls
Unite and play your roles
Unite in mind, unite in heart
Unite in whole, unite in part
Like words and tunes and sense in song
Let East and West unite and live long
Trees are many; the grove is one
Branches are many; tree is one
Shores are many; sea is one
Limbs are many; body is one
Bodies are many; self is one
Stars are many; sky is one
Flowers are many; honey is one
Pages are many; book is one
Thoughts are many; thinker is one
Tastes are many; taster is one
Actors are many; the drama is one
Nations are many; the world is one
Religions are many; Truth is one
The wise are many; Wisdom is one
Beings are many; breath is one
Classes are many; college is one
Find out this One behind the many
Then life shall enjoy peaceful harmony.*

Peace Anthem

*Peace for all, peace for all
For all the countries peace
Joy for all, joy for all
For all the nations joy
A rosy morning peace
A smiling summer joy (Peace for all)*

*All for each and each for all
This is the golden rule
Life and Light and Love for all
For all that live our love (Peace for all)*

*Work and food and clothes for all
Equal status for all
Health and home and school for all
A happy world for all (Peace for all)*

*No idle rich, no more beggars
All are equal workers
No more tears, no more fears
The heart is full of cheers (Peace for all)*

*No atom scare, no fat mammon
No room for war demon
Like leaves in trees, like rays in the sun
We are one communion,
One Divine communion (Peace for all)*

*The good in you is good for all
Your life is life for all
The God in you is God for all
Your love is love for all (Peace for all)*

*For he or she or it or rest
This collective life is best
This Universal Life is best
North or South, or East or West (Peace for all)*

*Peace for plants and birds and beasts
For hills and streams and woods
Peace in Home - land and air and sea
Dynamic peace we see*

Peace for all, peace for all

Immortal Peace for All

Presentation of Dr. Shuddhananda Bharati

11th May 1897 – 7th March 1990

The wise one to the cosmic age

Although more than 90 years old, in his school in the south of India, *Kavi Yogi Maharishi* (great divine visionary, wise poet), Dr. Shuddhananda Bharati worked like a young man of twenty. When he was asked his age, he answered: "My age is Courage!" The Yogi wrote several hundred works in English, French, Tamil, Hindi, Telugu and Sanskrit; five thousand songs, and fifteen hundred poems in French. The magnum opus of the man conscious of the presence of God in him, *Bharata Shakti*, (in 50,000 verses) described his ideal: only One Humanity living in communion with only One God in a transformed world! *Bharata Shakti* is a monumental and unique work. The Yogi depicts the essence of all the religions, of all the prophets and saints, all the approaches of yoga and all the cultures on an allegorical fabric. It is a book for any age which all spiritual researchers and all nations should read and meditate on. His commitment is summarized in his book celebrating his life, *Pilgrim Soul*. The three poems mentioned in the opening express perfectly his ideal. His mantra, *Aum Shuddha Shakti Aum*, nourishes our souls and guides our steps toward the inner joy *Ananda*. It means: The light of Grace and power of the pure supreme Almighty bless us of peace, happiness and prosperity! Let the beauty and greatness of soul of Dr. Bharati Shuddhananda bloom and scent the entire Earth of its divine message and his spiritual and unifying benefactor!

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Yogi Shuddhananda Bharati



Worship

Name Chanting

Devotional songs

1. Sound of Aum

Aum aum aum aum aum aum aum aum...

aum aum aum aum aum aum aum aum...

(gayathri 3 times)

Aum jaya aum jaya aum jaya aum

Aum jyoti aum jyoti aum jyoti aum

Aum siva aum siva aum siva aum

Aum guha aum guha aum guha aum

Aum shakti aum shakti suddha shakti aum

Suddha shakti suddha shakti suddha shakti aum...

Aum jaya aum jaya aum jaya aum

Ram jaya ram jaya ram jaya ram

Shyam jaya shyam jaya shyam jaya shyam

Prem jaya prem jaya prem jaya prem

2. Series of sacred names

Jaya ganesha jaya ganesha jaya ganesha paahi maam

Sri ganesha sri ganesha sri ganesha raksha maam

Jaya saraswathi jaya saraswathi jaya saraswathi paahi maam

Sri saraswathi sri saraswathi sri saraswathi raksha maam

Hare rama hare rama rama rama hare hare

Hare Krishna hare Krishna Krishna Krishna hare hare

Sri Krishna govindha hare murare

He naadha narayana vasudeva (2 times)
Raghupati raghava rajaram patita paavana sitaram (2 times)
Sitaram jayaram jaya jaya ram (2 times)
Nama sivaya sivaya nama aum
Nama sivaya narayanaya aum (2 times)
Narayana hari narayana hari
Narayana hari aum - jaya (2 times)
Jagathpadhi suddha swayamjyoti
Jaya jayadeva paranjyoti
Bhagavathi kaali parashakti
Bhavani devi mahalakshmi
Hari aum hara aum guru aum guha aum
Saravana bhava aum siva shanmuga aum (2 times)
Arul perum jyoti thani perun karunai
Aandavane anbu thaandavane charan
Yeppidi viruppam appidi nadanthaai
Appane charanam arul perum jyopti
Yeppidi viruppam appidi nadanthaai
Opparu thunaiye aum suddha shakti
Aum suddha shakti jaya satya jyoti
Aum sachidanandha parama krupanidhi (2 times)

3. Chanting of Shuddha Shakti mantra

Suddha shakti suddha shakti suddha shakti aum sivam
Swanthanthira shakti aum sivam samathva
shakti aum sivam
Aum sivam sivoham sivamayam (2 times)
Satya nyana dharma shakti shanta shakti aum sivam
Sachidanandh atma shakti sarva shakti aum sivam
Veda shastra sagalakala vidya shakti aum sivam

Veera theera dhairya keerthi vijaya shakti aum sivam
Naadha geetha gaana kala nadana shakti aum sivam
Maha mantra yantra thanthra vasiya shakti aum sivam
Aayura rogya divya jeeva shakti aum sivam
Aatma shakti aikya shakti amara shakti aum sivam
Surya veerya sukla oorthva redha shakti aum sivam
Sundaramaya mangalakara suguna shakti aum sivam
Yoga bhoga thyaga shakti loka shakti aum sivam
Daaha moha sogha rahitha tapo shakti aum sivam
Boodha mantra karanendriya prakruthi shakti aum sivam
Punya kanya poorna mahapurusha shakti aum sivam
Sthula prana maniviyana nandha shakti aum sivam
Chinmaya siva sanmaya paranjyoti shakti aum sivam
Karma bhakti nyanaraja yoga shakti aum sivam
Sahasaramaha doorya srushti shakti aum sivam
Dushta shatru naasa shakti durga shakti aum sivam
Ashtalakshmi nyana vaani aadhi shakti aum sivam
Brahma shakti Vishnu shakti rudra shakti aum sivam
Maheshasada siva guha paranjyoti shakti aum sivam
Karunaarasa paripoorana mathru shakti aum sivam
Aruna kirana amala nimala amruta shakti aum sivam
Kunjitha pada abhayahastha vaanjitha pala dhaayakam
Gurupara siva harahara nataraja suddha shakti aum

4. Wake up, Kalyani

(Morning song)

Wake up Kalyani! May the pure energy of Aum
Bring about the dawn of peace in our hearts,

Provide a glowing illumination to dispel
the oppressive darkness
And remain forever in our spiritual selves.
Wake up Kalyani, wake up Aum Lakshmi,
Wake up Aum Kaali, O mystical flame,
Wake up Santha Maheswari Mother,
My heart's Goddess Parvathi, O dawn beauty!
The skies have started to glow,
The darkness has been dispelled,
The sleeping moon's cool face has transformed
into the sun's red-hot face,
All the lotuses have blossomed on the ponds.
The auspicious sun's rays have lit up the sky
So that the earth's face acquires a new golden green tinge.
O blissful flame, rise today so you may look at my face.
And bless me with your grace!
The cock crows about Your grace.
The loving heart sings about the significance of your dance.
As the peacock's tail feathers foretell the onset of rain clouds,
I also rejoiced to see your benevolent face, dearest.
Like the earth which absorbs the sun's rays,
Grant me the bliss to unite with your flame.
Give me the boon to see your face everywhere on earth.
O Goddess Lakshmi, you bestow complete divine bliss.
The birds, bees and the perfume-laden breeze
Worshipped you by singing the boobaalam raga.
The calves jumped to feed on their mother's belly,
Devotees gathered to sing your praises,
Flowers provided a stream of sweet honey.
Come swiftly to quench the soul's thirst,
Lighting my internal lamp to illuminate the truth.

I salute you, O Pure Divine Energy!
May all the evil forces be eradicated today
May all enemies who cause distress
be vanquished completely!
May all spiritual ignorance come to an end!
May all racial distinctions be erased!
May a new pure spiritual regeneration take place!
May all wrongdoings in the name of caste and religion
completely disappear!
May brave warriors flourish in life!

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